

Let's hope this wonderful weather continues for our Wellbeing Week next week when we'll be focusing on fun, fitness and fresh air. Two sports coaches are joining us from Gateshead College and will be leading many of the sessions. We've also got our dance teacher, Pip, returning for Zumba, and intend to finish off a busy week next Friday with some yoga sessions from Rachel, who worked with us last summer. All pupils have discussed next week's timetable with their form tutor and have been asked to come into school each day wearing their PE kit. I appreciate it may not be possible to wear PE kit all week, so to avoid increasing anyone's washing, alternative appropriate sportswear will be fine.

It was lovely to receive an invitation this week from Wark Primary to join their KS2 rugby sessions! We know we've got lots of children who will love to seize this opportunity. More details to follow.

Lindsay Hamilton

95.1 %

### Did you know...?

**The government expects your child's attendance to be 95% or better.**  
**Schools are held to account for your child's attendance.**  
**Please remember holidays in term time will be unauthorised.**



## Bikeability

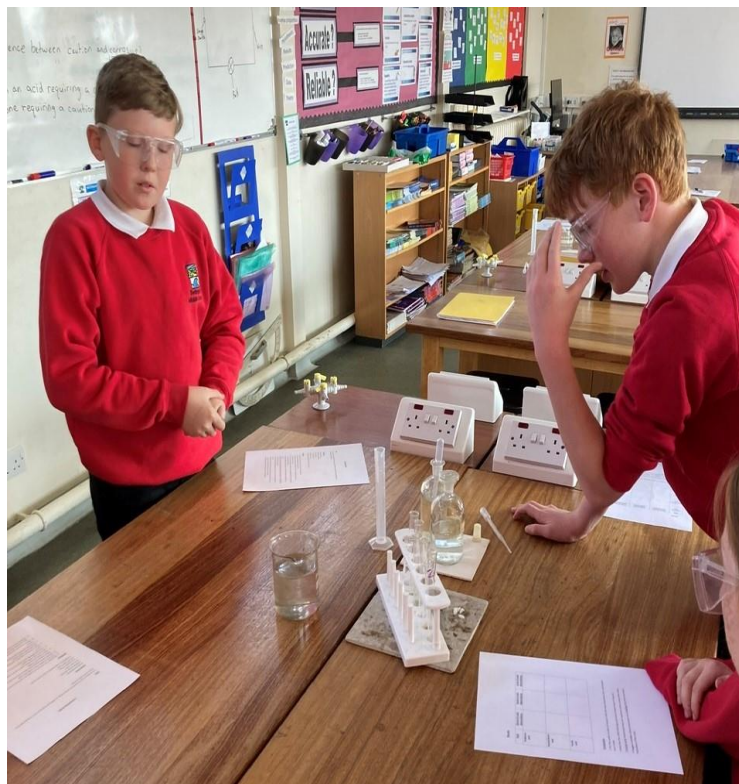
We've had a great uptake for this year's Bikeability course, which allows pupils to gain their Level 2 qualification, learning how to ride safely on roads. Many, many thanks to Graeme, the instructor, but also to our wonderful Mrs Fletcher, who has accompanied every group each day in the village.





## Super Science

This week, Year 7 were testing the strength of different types of acid on marble chips. The investigation allowed them to explore dilution and emphasised the hazards of using acidic substances. Mr Ramshaw was delighted by the maturity and skill all pupils showed while handling potentially dangerous liquids



## Well done, Ethan!



'Well done' to Ethan who has been running with his friend Michael to raise money for the Nephrotic Syndrome Trust (NEST). He joined him last Sunday to run some miles together.

Nephrotic syndrome is a condition that causes the kidneys to leak large amounts of protein into the urine. This can lead to a range of problems, including swelling of body tissues and a greater chance of catching infections.

This is a fantastic thing to do for a very worthy cause. Well done, Ethan! We're very proud of you!



## Police Workshops

Sophie and Ryan from Northumbria Police came into school on Thursday to deliver a workshop based on hate crime. The workshop focused on how to recognise and define what hate crime is and also how pupils should respond if they witness a hate crime. The subject of banter or bullying was discussed, building on work that has been carried out in school this year.



## Support for Ukraine



Many children have come forward to ask if we, as a school, can do something to raise money to support those currently fleeing the war. All form classes have been discussing ideas this week, and we've decided to dedicate **Friday 8<sup>th</sup> April** as our 'Support for Ukraine' day. Pupils would like to attend school wearing blue and yellow, as well as hold their own cake bake sale. All proceeds will go to the Ukraine Humanitarian Appeal who raise funds for food, water, medicine, protection and trauma care.



## Something for Easter...?



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**19th-21st APRIL (3DAYS)  
10AM - 3PM**

### **Packed Lunch Required**

All Government guidelines  
will be adhered to.  
Please bring a water  
bottle.

**AGE  
GROUP  
5-14**



**WWW.ASRUGBY.CO.UK**



## Dates for your diary

Monday 28 <sup>th</sup> March	Wellbeing Week – PE kit every day (Y5 – Y8)
Monday 28 <sup>th</sup> March	Spring Term Progress Report posted home
Monday 4 <sup>th</sup> April	Book Fair – in school all week
Tuesday 5 <sup>th</sup> April	Poetry Day – National Park (Y5 & Y6)
Tuesday 5 <sup>th</sup> April	Parents' Evening (4pm – 7pm)
Thursday 7 <sup>th</sup> April	Forestry Commission Visit – Y6
Thursday 7 <sup>th</sup> April	Parents' Evening (4pm – 7pm)
Friday 8 <sup>th</sup> April	School closes for Easter holidays
Monday 25 <sup>th</sup> April	School opens for the summer term
Monday 9 <sup>th</sup> May	Y6 SATs begin
Friday 13 <sup>th</sup> May	Road Safety Workshop – KS3
Monday 16 <sup>th</sup> May	Poetry Day – National Park (Y7 & Y8)
Tuesday 24 <sup>th</sup> – Friday 27 <sup>th</sup> May	KS2 Residential Visit – Shropshire
Friday 27 <sup>th</sup> May	School closes for half-term