



"Inspiring Learning"

HEADTEACHER MESSAGE

I hope you all had a lovely half term and enjoyed spending time with loved ones. It did bring some rather unexpected news with the country now plunged once again into lockdown! We appreciate that this can be a worrying time for pupils and their families, so if you have any questions or need support with anything then please do get in touch.

There's lots of bits 'n' bobs of information in here so I'll cut this part short and let you get on with reading this week's news. Have a lovely, safe weekend!

Lindsay Hamilton

Calling all budding musicians...

Music Partnership North are celebrating the young musical talent of Northumberland through a FREE live streaming performance on 16th December. If you know a young person who sings or plays an instrument, please encourage them to submit a video for a chance to make it through to the final five performances, showcased in our event.

We know we have some amazing musical talent in school as some of our students have been showcasing their talents in our online assemblies. A few weeks ago, we were lucky enough to hear a beautiful performance on keyboard by Anna (Y8) and this week we had the pleasure of listening to William's skilful guitar playing (Y5).

Come on BMS – go for it!



William (Y5) and Anna (Y8)

UNITY THROUGH MUSIC

MUSIC PARTNERSHIP NORTH

Great Northumberland

APPLY NOW TO BE INCLUDED IN MUSIC PARTNERSHIP NORTH'S LIVE STREAMING CONCERT

IF YOU SING OR PLAY AN INSTRUMENT SUBMIT YOUR VIDEO FOR A CHANCE TO MAKE IT THROUGH TO THE FINAL 5 PERFORMANCES WHICH WILL BE SHOWCASED IN OUR CONCERT ON 16TH DECEMBER 2020

PERFORMANCES MUST BE NO LONGER THAN 4 MINUTES AND CAN BE A DUET OR SOLO.
AGE LIMIT IS 18 AND PARENTAL PERMISSION MUST BE RECEIVED AT THE TIME OF SUBMISSION. CLOSING DATE IS 20TH NOVEMBER 2020

FOR MORE INFORMATION EMAIL
Fiona.Johnstone@northumberland.gov.uk
OR VISIT
<https://music.northumberland.gov.uk>

Northumberland County Council Twitter: @MPNEhub Facebook.com/MPNEHub





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A healthy breakfast in active, growing children is essential in helping them concentrate and focus as well as keep them active in school. After many hours of fasting (during sleep) a good breakfast helps kick start the metabolism and can boost brainpower in children. However, with the usual daily rush in the morning, it can be difficult to keep breakfast choices interesting! Here's a few nutritious, easy healthy recipes you may want to try....

Homemade cereal bar recipe

2 cups of oats
150ml coconut oil
½ cup sweet desiccated coconut
2 tablespoons brown sugar
2 mashed bananas
Splash of vanilla essence
Chocolate chips or raisins

Method

Whisk the coconut oil and brown sugar, then add mashed bananas.

Add rest of the ingredients, if the mixture is too dry, add milk.

Spread on baking paper on tray and cook for 20 mins at 180 degrees, makes approx. 20

Nutrition per portion

(90 calories/20g carbs/4g sugars/3.5g fibre/ 5g fat)

Oat pancakes topped with apples or bananas, cinnamon, a bit of honey or lemon

1 cup of oats

1 cup of skimmed or semi skimmed milk

1 egg

Blend the 3 ingredients together, spray a bit of oil on a pan and make the pancake (this will make 8-10 pancakes)

Each pancake contains approximately 60 calories, 5 grams of fibre, and 25 grams of carbohydrates



Overnight Oats (perfect as they can be easily made the night before!)

Ingredients

¼ tsp [ground cinnamon](#)

50g [rolled porridge oats](#)

2 tbsp [natural yogurt](#)

50g mixed berries

drizzle of [honey](#)

½ tbsp nut butter (we used almond)

Method

STEP 1

The night before serving, stir the cinnamon and 100ml water (or milk) into your oats with a pinch of salt.

STEP 2

The next day, loosen with a little more water (or milk) if needed. Top with the yogurt, berries, a drizzle of honey and the nut butter.



Letters were posted home yesterday containing your child's end of year targets for each curriculum subject, as well as information regarding their attitude towards learning. Your child's progress during the entire Autumn term will be reported in December.



It's that time of year again where the temperature seems to suddenly drop and thoughts of snow cross our mind. When weather becomes extreme, it is often necessary to close school for the safety of pupils and staff. Can we please ask that you ensure we have your current contact details so that you can be contacted quickly and easily should we need to do so.



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We are really looking forward to going ‘cashless’ from Monday 16th November! No longer will your child have to bring money into school, and, our staff will not have to handle cash either which in current times is a great advantage. As well as paying for school meals online, you will also be able to access our school menu online and choose your child’s meals for the week. Once choices have been made, they will be sent straight to Mrs Lawson. Therefore, when you make your choices, please do so for the full week. This is a great way for you to see what your child is eating on a daily basis. It will also support those children who like to know what they will be eating each day.



The Government has published guidance for schools regarding the national restrictions that began yesterday. For us, there is very little change from the measures we already have in place. However, should any new updates impact upon our current procedures, we will let you know straight away.



We’re thrilled to be welcoming NUFC Foundation into school every Tuesday afternoon from now until Christmas. They will be working with years 5, 6 and 7 to deliver a variety of team games aimed at building cooperation, resilience and team spirit. After a little bit of persuasion, they have also offered to run an after-school session for our year 8 bubble so that no-one misses out! Please note that all sessions will be outdoors so pupils will need to come to school each Tuesday in warm, sports clothing.



New enrichment homework tasks for this half term will go ‘live’ on our website on Monday. The due date for this homework is Monday 14th December. There will be an in-house treat at the end of this term for those pupils who have successfully submitted their enrichment homework on time. Each pupil now has an enrichment homework book along with presentation guidelines to help pupils produce pieces of a high standard.

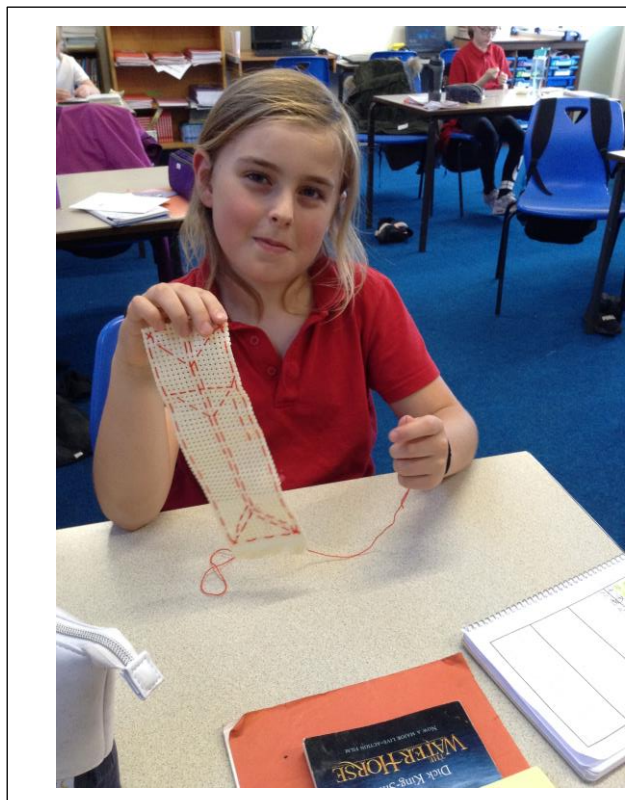


Work is rapidly progressing in selecting our new whole school values. The school council did a fantastic job of leading sessions with their peers and producing a fantastic list of values which they feel should be demonstrated by BMS pupils. I would like to thank parents for their contributions too in our online meeting. Next week, council reps will be leading round 2 of our consultations and trying to squeeze our extensive list down to a smaller number for further discussion. These ideas will then be shared with governors at our meeting on 19th November. Exciting times!



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Enrichment Programme!



A snippet from this afternoon's enrichment where pupils began learning about European mosaics and also mastering sewing patterns.



FORTHCOMING EVENTS AND KEY DATES

Thursday 10th December	Christmas Lunch
Friday 11th December	Christmas Crafts Afternoon
Wednesday 16th December	In-house treat (Enrichment Homework)
Thursday 17th December	Christmas ‘Bubble’ Services in church
Thursday 17th December	Christmas ‘Bubble’ parties in school
Friday 18th December	End of Autumn term