BELLINGHAM MIDDLE SCHOOL NEWSLETTER: 16TH JULY 2021



Dear Parents/Carers.

How quickly has today come around?! The end of another school year, which perhaps has been one of the most challenging we've ever faced. The continuous-changing guidance and restrictions has meant that we've all had to adapt to new situations quickly. However, throughout the year, resilience and determination from our entire community has shone through and we really appreciate our fantastic pupils, our wonderful staff as well as our supportive parents/carers; your care and positivity has ensured that we won't forget this year in a hurry.

Thank you to everyone who has returned reply slips regarding the end of year reports. The wealth of positive comments and words of thanks were greatly appreciated by staff. Staff have worked incredibly hard this year to ensure that our pupils receive excellent learning experiences both in and out of the classroom and I personally feel privileged to be part of such a conscientious, caring team.

Today is bittersweet as we say a final farewell to our incredible Y8 pupils! Last night's prom was a huge success and enjoyed by all. Pupils arrived looking very 'dapper' indeed and had certainly embraced the 'casino' theme. They looked amazing! There was everything from 'mocktails' to roulette boards and even the odd game of pontoon being played. Please check out our Facebook page later for more photos! We just about managed to get through this morning's leavers' assembly with dry eyes (just), perhaps until the leavers' video emerged. Photos of many happy BMS memories tipped some of us over the edge. It is incredible to see how much they have all grown during their time here, and what fun they've had! One person who is probably going to miss this year group the most is Mr Ramshaw. He has gotten to know them very well during their last four years and considers them to be his, "best form class yet". Quite an accolade! They are indeed a very special bunch of people and we've no doubt that they're ready for the challenges which lie ahead. Good luck, Y8!

Letters are going out today which outline arrangements for the start of our new term in September. We have everything crossed for more of a return to normality, already looking forward to 'mixed' social times and full use of our specialist rooms. We can't wait to work with our new members of staff: Ms Esposito (music), Miss Jessett (French) and Mrs McGregor (ADT) and know how keen they are to get to you know you too. Ms Esposito is already thinking of our next whole school production! Mrs Urwin joins us as our new HLTA and was in school recently getting to know our staff and pupils. Good times ahead.

On a personal note, I would like to express my sincere thanks to everyone in our caring BMS community for all of your positive support during the last year. I have thoroughly enjoyed my first year here as Headteacher, getting to know all of our wonderful children as well as yourselves, and look forward to many more years here at BMS. Hopefully, we'll get that much-awaited coffee morning next term – fingers crossed!

Have a wonderful summer and enjoy some time with loved ones!

Lindsay Hamilton



The Prom!

What an amazing night we all had! The Y8 prom was a huge success and was enjoyed by everyone. The standard of dress was incredible. Congratulations to our Prom King and Prom Queen: Bayleigh and Lucy!







A really big 'thank you' to Mr Ramshaw for all of his efforts in coordinating all of the arrangements for the prom (or, should I say, DJ Ramshaw?)

Look out for more photos on our Facebook page!

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Y8 Awards!

It is a longstanding BMS tradition to award subject prizes at this time of year to Y8 pupils who are leaving us. This year, staff found it very difficult to narrow it down to one pupil per subject! However, eventually they did and here are our winners!



English - Elena G

Maths - Emma B

Science - Jenny H

ADT – Noah K

Food Technology - Max C

PE - Dean T

Music - Hayden H

History - Nina D

Geography - Katie C

RE - Angus D

MFL - Anna B

Boys' Sports Day - Aidan T

Girls' Sports Day - Anna H

This year, a new, very special award has been awarded to someone who has endlessly reflected the BMS values of kindness, resilience and respect:

BMS Values Award – Callum S

Well done, everyone!









Today, we say farewell to two of our wonderful teaching assistants: Mrs King and Mrs Pattinson. Both have worked at BMS for several years and have excelled at supporting many of our pupils, both emotionally and academically. We wish them well and thank them for all their hard work.

Special best wishes go to Mrs Pattinson who is expecting the pitterpatter of tiny feet any day now!

Miss Pearson, who was covering maternity leave for Mrs O'Kane, also leaves us today. She has worked really hard in such a short space of time getting to know all of our pupils and has been a great addition to our team. We wish her well in her next teaching role.

Miss Henderson, who joined us on a temporary basis, also leaves today. Miss Henderson has been a wonderful support to so many children, but has worked particularly closely with Y7. I know they'll miss her as much as she'll miss them. We wish her all the very best in her future ventures.

Dates for your diary...

Monday 6th September 2021 Training Day

Monday 6th September 2021 Y7 & Y8 on-site testing only

Tuesday 7th September 2021 Y5 (only) Transition Day

Wednesday 8th September 2021 Y5 & Y6 return to school

Thursday 9th September 2021 Y7 & Y8 on-site testing AND return to school



Thrive

The team at Thrive have pulled together a 6-week summer challenge, designed to help the children and young people in your setting to look after their wellbeing over the holidays. Each week has a selection of fun, themed activities to choose from that are suitable for different ages. Tick off every week and download a free certificate at the end.

Look after your wellbeing this summer - choose one, two or three activities to complete each week and tick them off as you go! Share your favourite activities on social media, tagging @ThriveApproach in your post.



1. Nature week O

Make a bird feeder. Find a toilet roll tube and cover it in peanut butter*. Roll it in bird seed until covered, and then thread a piece of string through the tube and tie a knot. It's ready to go! Hang where birds can en

Use the Thrive Rainbow colour hunt and take it outside to a beach, park or your garden. Draw, write or even collect what you find.

Have a digital detox and plan a day out somewhere new to you. Your plan could include how you get there, what to take for lunch, any items you might need (walking boots for a hike, or towels for the beach). Once you've planned it, invite your friends and family.

Thrive's 6 weeks of summer

3. Music week

Have a game of musical statues or musical bumps!

Make your own musical instrument. It could be a replica of a real instrument or one of your own imagination! Use items such as boxes, elastic bands, tubes, beads and string and have fun!

Create a playlist of your favourite songs.
They could be songs that remind you of people, holidays, events or just songs you really like. Why not create different playlists; one for fun and dancing, one for relaxing and one for motivation.

5. Sportsweek o

Set up an obstacle course; jump over pillows, do a hopscotch, crawl through a tunnel, balance a ball on a racket. Or visit a local park and use the equipment there to plan out your course.

Create your own sports day and invite friends to join in the fun. Plan sports with items you already have; balloon tennis, pillowcase race, hula hooping or mark out a long jump. Any activity that you enjoy! You could make certificates for your friends that join in.

Set yourself a target of achieving a daily step goal. See if you can beat your previous day's goal. Why not get your friends and family to join in and encourage each other to get those steps in.

2. Mindfulness week

Enjoy time outside and take note of what surrounds you. Notice the sounds, smells, colours and textures. How does your body feel when you are walking? Try describing this to who you are with.

Take time eating your food and appreciate the taste, texture and smell of what you're eating.

Take photos throughout the day of things you are grateful for – they can be big or small.

Reflect on your pictures at the end of the day. You could ask friends and family to do the challenge too and share your pictures with each other.



4. Art week O

Make your own paintbrushes by collecting sticks, grass, leaves and petals. Attach the grass, leaves or petals to the stick with string and away you go! Explore the different patterns and textures the paintbrushes can create.

Recreate the cover of your favourite book. Use anything from crayons to modelling clay and have some fun. Think what about why this book is so special to you.

Make a tin foil sculpture. Set a time limit of 1 hour and see what you come up with. Why not invite friends and family to make their own sculptures too!



6 Kindnessweek O

Find a rock or stone and paint it with a happy message. On your next walk, leave it somewhere for someone else to find and re-hide to pass on the positive message!

Create a kindness jar; find a jar (or box or bag!), paper and pencil. When you do something nice, or someone does something nice for you, write it down and add it to the jar. When it's, full take all the pieces of paper out and enjoy reading all the acts of kindness you've shared in.

Offer to do a chore for a family member, friend or neighbour who might need some extra help.

Yay, you've completed Thrive's 6 weeks of summer! Celebrate by downloading your certificate from thriveapproach.com/resources"

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*Or a pearuit butter alternative of your choice

**Available from 23 August
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