## BELLINGHAM MIDDLE SCHOOL MENU

## Please select your child's menu choice for each day with their choice of main meal and pudding.

Pupils have a choice of a main meal or can choose a jacket potato or baguette for their lunch choice.
Jacket Potatoes available daily served with a choice of beans, cheese or tuna or a combination. Baguettes available daily served with a choice of ham, tuna or cheese. Fruit and yoghurt option for pudding available every day.

| Week One |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: |
| Monday | Tuesday | Wednesday | Thursday | Friday |
| Pizza, chips with beans or sweet corn | Steak pie, mash broccoli and gravy | Chicken Goujons, smiley faces, beans or peas | Mince and dumplings with mash and carrots | Meatballs in tomato sauce with pasta |
| Jacket Potato | Jacket Potato | Jacket Potato | Jacket Potato | Jacket Potato |
| Baguette | Baguette | Baguette | Baguette | Baguette |
| Muffin | Flap Jack | Carrot cake | Jelly and topping | Ice Cream |
| Week Two |  |  |  |  |
| Monday | Tuesday | Wednesday | Thursday | Friday |
| Pizza, chips with beans or sweet corn | Mince pie and mash with broccoli and gravy | Sausage with tomato pasta and carrots | Fish cake, roast potato with beans or peas | Chicken curry with rice and naan bread |
| Jacket Potato | Jacket Potato | Jacket Potato | Jacket Potato | Jacket Potato |
| Baguette | Baguette | Baguette | Baguette | Baguette |
| Brownie | Biscuit | Iced bun | Angel delight | Doughnut |
| Week Three |  |  |  |  |
| Monday | Tuesday | Wednesday | Thursday | Friday |
| Pizza, chips with beans or sweet corn | Bolognese with pasta and garlic bread | Sausage roll, sunshine rice with beans or peas | Pizza wrap, mini waffles with beans or broccoli | Burger in a bun, potato wedges with beans or sweet corn |
| Jacket Potato | Jacket Potato | Jacket Potato | Jacket Potato | Jacket Potato |
| Baguette | Baguette | Baguette | Baguette | Baguette |
| Biscuit | Chocolate Krispie | Fruit scone | Fairy cake | Cookie |

All of the above are subject to availability

